

## **General Child Care**

[Caring for Your Baby and Young Child, 5th Edition: Birth to Age 5](#) by Steven Shelov

[What to Expect the First Year](#) by Heidi Murkoff

[Your Baby's First Year \(Second Edition\)](#) by American Academy Of Pediatrics

[Caring for Your School Age Child: Ages 5-12 \(Child Care\)](#) by Edward L. Schor

[Caring for Your Adolescent: Ages 12 to 21 \(Child care\)](#) by Donald Greydanus

[American Medical Association Boy's Guide to Becoming a Teen](#) by Kate Gruenwald(Author); Middleman, Amy B.(Editor) American Medical Association(Author) ; Pfeifer

[American Medical Association Girl's Guide to Becoming a Teen](#) by American Medical Association, Kate Gruenwald, and Amy B. Middleman

## **Parenting and Discipline**

[1-2-3 Magic: Effective Discipline for Children 2-12](#) by Thomas W. Phelan

[SOS: Help for Parents, Third Edition](#) by Lynn Clark

[The New Dare to Discipline](#) by James C. Dobson

[Children: The Challenge : The Classic Work on Improving Parent-Child Relations--Intelligent, Humane & Eminently Practical \(Plume\)](#) by Rudolf Dreikurs and Vicki Soltz

## **Sleep Issues**

[Solve Your Child's Sleep Problems: New, Revised, and Expanded Edition](#) by Richard Ferber

[Helping Your Child Sleep Through the Night](#) by Joanne Cuthbertson and Susanna Schevill

[What to Do When You Dread Your Bed: A Kid's Guide to Overcoming Problems With Sleep \(What to Do Guides for Kids\)](#) by Dawn Huebner and Bonnie Matthews

[Seven Steps to Nighttime Dryness: A Practical Guide for Parents of Children with Bedwetting](#) by Renee Mercer

### **Books about Children with Special Needs or Conditions**

[A Parent's Guide to Down Syndrome : Toward a Brighter Future, Revised Edition](#) by Siegfried M. Pueschel

[After the Tears: Parents Talk about Raising a Child with a Disability](#) by Robin Simons

[The Premature Baby Book : Everything You Need to Know About Your Premature Baby from Birth to Age One](#) by James Sears, Martha Sears, Robert Sears, and William Sears

[Brothers, Sisters, and Special Needs: Information and Activities for Helping Young Siblings of Children With Chronic Illnesses and Developmental Dis](#) by Debra J. Lobato

[Children With Cerebral Palsy: A Parents' Guide](#) by Elaine Geralis

[Children with Autism: A Parent's Guide](#) by Michael D. Powers

[The ADD/ADHD Checklist: A Practical Reference for Parents and Teachers \(J-B Ed: Checklist\)](#) by Sandra F. Rief